



Autoimmune
Hepatitis
Association

2023 AIHA Patient Support and Education Conference

Preliminary List of Conference Sessions

Register for the conference [here](#).

Presentation Title	Speaker
AIH 101 and 201: Principles of a Rare Disease	Lindsay King, M.D.
Unmet Needs in AIH: What Do Patients Need?	Lauren Nephew, M.D.
Diet and Exercise in Chronic Liver Disease	Dr. Astrid Ruiz Margain Dr. Ricardo Ricardo Macias
Navigating Alcohol and AIH	Lindsay King, M.D.
The PORTOLA Clinical Trial: A New AIH Approach	Kezar Life Sciences
Managing Mental Health in AIH	Anne Mary Montero, Ph.D.
Coexistence of Fatty Liver Disease and AIH: Relevance of New Weight Loss Drugs	Niha Samala, M.D.
Skin Findings in Autoimmune Patients	Sahand Rahnama, M.D.

Pathology: AIH Under the Microscope	Omer Saeed, M.D.
Palliative Care: Focus on Quality of Life	Amy Johnson, D.O.
Problem Solving through Appreciative Inquiry	Denyse Doerries, Ph.D. Suzy Rumsey, Ph.D.
Steroid Risk Associated with Long-Term Use	Yara Sarkis, M.D.
Health Screening for the AIH Patient	John Guardiola, M.D.
Gut Health and Microbiome in Liver Disease	TBA
Noninvasive Testing for AIH Patients	Ethan Weinberg, M.D.
Pediatric Hepatology Programming	Kyla Tolliver, M.D. Chao Jarasvaraparn, M.D.
Liver Transplantation: Perspectives from the Medical and Surgical Team	Marwan Ghabril, M.D. Chandrashekhar Kubal
The Latest Research in AIH	Ethan Weinberg, M.D.
Sleep Medicine: Foundation of Good Sleep	Stephanie Stahl, M.D.
Meditation and Yoga	Kathy Busto Mickel
Writing Your Story and Healing	Suzy Rumsey, Ph.D. Denyse Doerries, Ph.D.
Therapeutic Use of Acupuncture	Ying Wang, M.D., Ph.D.
Escalation and Deescalation of AIH Therapy	Michele Tana, M.D.

Use of Complementary Medicine in Autoimmune Diseases	TBA
Current Understanding and Treatment of Fatigue	Craig Lammert, M.D.
Living Your Best AIH Life	Craig Lammert, M.D.
Patient Speaker Panels	Multiple Patients and Experts